

# Veggie Pizza Toast

Makes 4 Servings

KID-APPROVED

## Ingredients

- 1/4 cup tomato sauce
- 1/4 cup shredded mozzarella cheese
- 4 slices whole wheat bread, or 2 English muffins or 2 bagels, split in half
- 1 small bell pepper, seeded and roughly chopped (optional)
- 1 cup frozen broccoli florets, thawed, or 1 cup fresh broccoli florets

## Directions

1. Preheat oven to 450 degrees and line a rimmed baking sheet with aluminum foil. Spread about 1 tablespoon of tomato sauce evenly over each bread slice. Top bread slices with 1 tablespoon of mozzarella cheese. Evenly divide peppers and broccoli between bread slices.
2. Transfer pizzas to foil lined baking sheet. Bake until vegetables are tender (soft) and cheese is melted, about 5 to 8 minutes. Serve and enjoy.

Recipe from: Feeding PA and PA Eats

